



A Day in the Clouds

Learning to Ride Connected with Freedom from Postural Restriction

With FEI rider Ellie Coletti, pro sports physiotherapist Sarah Coletti and special guest Dr. Mark Stonkus

GENERAL INFO

Rider's Name _____ DOB _____

Address _____

Phone Number _____ Email _____

Twitter _____ Instagram _____

Horse's Name _____ Age _____ Breed _____

Rider Level of Training _____ Horse Level _____

Do you need stabling Friday night Yes No

**Stall fee \$25. Stabling is limited; we will do our best to accommodate.*

Are you planning to compete this year? Yes No

If so, what level? _____

Do you currently take lessons? Yes No

If so, how often? Weekly 1-2x/month Other

Have you ever received bodywork? Yes No

Do you currently receive bodywork? Yes No

Does your horse receive bodywork? Yes No

Do you currently cross-train? Yes No

If so, what do you do for cross-training? _____

Do you (or your horse) receive any other type of treatment, for example: chiropractic, acupuncture, sports psychology, personal training. Explain:

MEDICAL

Are you currently under the care of a physician? Yes No

If yes, please explain _____

Are you currently taking any medications? Yes No

If yes, please explain _____

Please describe in detail any past injuries: _____

Surgeries _____

General or specific current pain? _____

Would you describe yourself as being in good health? Yes No

OTHER

Is there anything else we should know about you and/or your horse?

THANK YOU!

Please scan and email to ellie@cloud9sporthorses or
post mail Ellie Coletti 26 Otis Hill Road Hingham, MA 02043
Thank you - we will be in touch!

